



EVENT DETAILS: Grand Tradition Yoga Retreat

ADDRESS: 220 Grand Tradition Way, Fallbrook, CA 92028

ABOUT THE VENUE: Eighteen acres of thematic gardens, seven waterfalls, and a heart-shaped lake. The Veranda offers fresh cuisine served with breathtaking views of the lake and gardens from the comfort of outdoor patio dining.

DATE/TIME: Saturday April 19th, 2020, 8:00 am - 11:30 am (approx. finish time)

COST: \$69 / \$79 (after March 31st)

INCLUDES: Access to gardens, yoga and meditation at the Compass Garden, Champagne Brunch at the Veranda Restaurant, tax and gratuity and gift bag.

SITE INFORMATION: Mostly flat and on concrete pathways. Some lawns and stairs.

ACTIVITY INFORMATION: Requires some experience of yoga and the ability to get up and down off the floor. Yoga and Meditation will be outside in uncovered area surrounded by trees and waterfalls. Lunch will be outside on a covered patio.

WHAT TO BRING: Yoga mat, blanket or cushion (for meditation), extra money if you would like to order additional alcoholic drinks (one Champagne drink included).

WHAT TO WEAR: Yoga apparel with cover-up for afterwards. Sunscreen if you are particularly sensitive although class is from 8:30 am - 9:30 am. Brunch at 9:45 am.

OTHER INFORMATION: Completion of a liability waiver, payment and registration is required prior to the event. This will give us more time to stroll and enjoy the grounds.

LIMITATIONS: This event is limited to 9 guests, plus the host. A waiting list will be made available in case there is any late cancellations.

CANCELLATION POLICY: No refunds. Credit, minus admin fee, may be given for a future retreat. Should your space be filled you will not be charged an admin fee.

Thank you for your interest in Flourish Yoga Retreats. Please don't hesitate to call if you have any further questions: 760-845-6602. Or email: flourishyoga@roadrunner.com